

Menu 27€

Starter + Main course + Dessert

or à la carte

Starter + Main course = 24€

Starters

Plate of 5 oysters n°3 from Thau pond.	9.50€
Fish soup, homemade sauce and bread crust.	12€
Beef carpaccio (origin France) Parmigiano-Reggiano and homemade pesto.	15€
Real tielle setoise served warm, green salad with truffle oil.	13€
Trilogy of tapas (cod accras, thoïonade and fried squid) sweet and sour sauce.	12€
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Main courses

Fresh Mediterranean Sea bass grilled on the plancha, parsley sauce.	
Royal Mediterranean Sea bream, grilled on the plancha, parsley.	20€
Fish'n chips de cabillaud et son aïoli maison.	17€
Yellow chicken suprem roasted at low temperature, sauce of your choice.	19€
Grelled pork tenderloin a la plancha, sauce of your choice.	18€

Main course + Dessert = 21€

Desserts

Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois"	9€
or Liège vanilla ''Dame Blanche''	
Lemon meringue tartlet and a small glass of Limoncello.	8.50€
Liege waffle homemade hot chocolate sauce and whipped cream.	8.50€
Creamy Gianduja Chocolate Shortbread custard and whipped cream.	8€
Floating island with vanilla and caramel, broken speculoos.	8€

Sauces

Blue cheese, cream and Picpoul (with wine), pepper, aioli, sweet and sour, honey, parsley sauce.

Kids Menu (-12 years old) = 11.50€

Main courses

Breaded chicken tenders with crispy cereals. Chopped steak.

Desserts

Cup of ice cream (two scoops of your choice). Chocolate donut" and homemade whipped cream.

Syrup with water or syrup with lemonade (included)



Menu 33€ Starter + Main course + Dessert or à la carte

Starter + Main course = 29€	
Starters	↓
Shellfish platter 5 oysters n°3, 5 prawns, 5 whelks, 2 langoustines. Homemade gravlax salmon dill cream an pink berries. Plate of 6 oysters n°3 from Thau pond. Homemade semi-cooked duck foie gras with muscat of Frontignan,	20€ 20€ 12€ 20€
marmalade and brioche toasts. Glazed profiteroles with cabecou goat cheese ice cream, honey whipped cream and red pepper coulis	18€
Main courses	
King prawns (gambas) with parsley (chopped parsley and garlic), "flambé" with pastis. John Dory fillet poached in court bouillon and Picpoul de Pinet sauce. Marinated cuttlefish with parsley, grilled on the plancha, homemade garlic sauce "aioli" Fan of grilled duck breast (from UE) sauce of your choice. Grilled butcher's piece (from UE), sauce of your choice.	23€ 21€ 21€ 23€ 21€
Main course + Dessert = 27€	
Desserts	
Iced soufflé with speculoos and banana gourmet heart with milk jam. Traditional rum baba whipped cream, grapes and small glass of amber rum. Giant Profiterole flavor of your choice (vanilla, chocolate or coffee) and hot chocolate sauce. Raspberry tart with vanilla ice cream and flaked almonds. Cup of ice cream 3 scoops flavor of your choice, homemade whipped cream.	9€ 9€ 9€ 9€ 8.50€
Sauces	
Blue cheese, cream and Picpoul (with wine), pepper, aioli, sweet and sour, honey, parsley sauce. Vegetarian menu 27€ Starter + Main course + Dessertor ou & Starters	
All our dishes Starter + Main course + Dessertor ou &	à la carte
Starters	
Glazed profiteroles with cabecou goat cheese ice cream, honey whipped cream and red pepper coulis 3 cheese salad (mixed salad, tomatoes, cucumbers, red onions, black olives, Parmigiano Reggiano, catalan tome and cherry mozzarella). Main courses	s. 18€ 16€
Provencal quinoa steak "Grilled vegetable steak" sauce of your choice. Falafels chickpea dumpling and mint beans, with aïoli sauce. Desserts	17€ 17€
Cup of ice cream 3 scoops flavor of your choice, homemade whipped cream. Liege waffle, homemade hot chocolate sauce and whipped cream.	8.50€ 8.50€



Gourmet salads & Tapas

Gourmet salad 19€

Mixed salad, homemade semi-cooked duck foie gras, smoked duck breast, tomatoes, cucumbers, red onions, black olives, and brioche toasted.

Ocean salad 17€

Mixed salad, tomatoes, cucumbers, red onions, smoked salmon, pink prawns, anchovy, thoïonade, black olives.

Italian salad 17€

Mixed salad, tomatoes, cucumbers, red onions, cherry mozzarella, Parmigiano Reggiano, country ham, black olives and homemade pesto.

Cesar salad 17€

Mixed salad, tomatoes, cucumbers, red onions, grilled chicken fillet, Parmigiano Reggiano, croutons, black olives and Caesar sauce.

3 Cheese Salad 16€

Mixed salad, tomatoes, cucumbers, red onions, black olives, Parmigiano Reggiano, catalan tome and cherry mozzarella.

Tapas plates

Plate of 3 oysters n°3 from Thau pond	6€
Plate of 6 pink prawns sauce "aioli"	7€
Plate of 6 whelks sauce "aioli"	6€
Cod accras in sweet and sour sauce	5€
Squid fritters with aioli sauce	5€
The thoïonade and her croutons	4€
Plate of French fries	4€
Chickpea Falafel with aioli sauce	5€
Plate of country ham and pickles	5€
Breaded chicken tenders Cereals	4€
Green olives marinated in herbs	4€



The Unavoidable

Parillada of fresh fishes and grilled fillets with shellfish, seashells and homemade garlic sauce 'aioli' Pan-fried shellfish in persillade (chopped parsley and garlic) mussels, seashells knives, clams, cuttlefish, peeled shrimp talls. Yellowfin tuna steak grilled "round trip" sauce of your choice. Razor clams in persillade (chopped parsley and garlic), grilled on a plancha and homemade aioli sauce. Bouquet of 12 cold pink prawns. Plate of 12 whelks sauce "aioli" 12€ Mussels casserole sauce of your choice and chip's. Our Platters Plateau du Mareyeur" 6 oysters, 6 prawns, 6 whelks, 3 langoustines, and its accompaniments. "Plateau de l'Ecailler" 9 oysters, 9 prawns, 6 whelks, 4 langoustines, and its accompaniments. "Plateau Grand Large" 12 oysters, 12 prawns, 12 whelks, 6 langoustines, and its accompaniments. "Spécial O'Soleil" 24 oysters, 24 prawns, 24 whelks, 12 langoustines, and its accompaniments. Served with rye bread and butter Our Delicacies Gourmet coffee, decaffeinated or tea assortment of 5 desserts. Gourmet champagne 13cl, assortment of 5 desserts. Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 11€ Banana split. Liège coffee "Café Liègeois", Liège chocolate "Chocolat Liégeois" or Liège vanilla "Dame Blanche" Assortment of 4 cheeses.	Overtore n°2 from Thou need	C	12€
Parillada of fresh fishes and grilled fillets with shellfish, seashells and homemade garlic sauce "aioli" Pan-fried shellfish in persillade (chopped parsley and garlic) mussels, seashells knives, clams, cuttlefish, peeled shrimp tails. Yellowfin tuna steak grilled "round trip" sauce of your choice. Razor clams in persillade (chopped parsley and garlic), grilled on a plancha and homemade aioli sauce. Bouquet of 12 cold pink prawns. Plate of 12 whelks sauce "aioli" 12€ Mussels casserole sauce of your choice and chip's. 14€ Our Platters "Plateau du Mareyeur" 6 oysters, 6 prawns, 6 whelks, 3 langoustines, and its accompaniments. "Plateau Grand Large" 12 oysters, 9 prawns, 9 whelks, 4 langoustines, and its accompaniments. "Plateau Grand Large" 12 oysters, 12 prawns, 12 whelks, 6 langoustines, and its accompaniments. "Spécial O'Soleil" 24 oysters, 24 prawns, 24 whelks, 12 langoustines, and its accompaniments. Served with rye bread and butter Our Delicacies Gourmet coffee, decaffeinated or tea assortment of 5 desserts. Gourmet champagne 13cl, assortment of 5 desserts. Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 16€ The province of the feed of the collate "Chocolat Liégeois" 96 or Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois" 96 or Liège vanilla "Dame Blanche"	Oysters n°3 from Thau pond	per 6	
Parillada of fresh fishes and grilled fillets with shellfish, seashells and homemade garlic sauce "aioli" Pan-fried shellfish in persillade (chopped parsley and garlic) mussels, seashells knives, clams, cuttlefish, peeled shrimp tails. Yellowfin tuna steak grilled "round trip" sauce of your choice. Razor clams in persillade (chopped parsley and garlic), grilled on a plancha and homemade aioli sauce. Bouquet of 12 cold pink prawns. Plate of 12 whelks sauce "aioli" 12€ Mussels casserole sauce of your choice and chip's. 14€ Our Platters "Plateau du Mareyeur" 9 oysters, 6 prawns, 6 whelks, 3 langoustines, and its accompaniments. "Plateau de l'Ecailler" 9 oysters, 9 prawns, 9 whelks, 4 langoustines, and its accompaniments. "Plateau Grand Large" 12 oysters, 12 prawns, 12 whelks, 6 langoustines, and its accompaniments. "Spécial O'Soleil" 24 oysters, 24 prawns, 24 whelks, 12 langoustines, and its accompaniments. Served with rye bread and butter Our Delicacies Gourmet coffee, decaffeinated or tea assortment of 5 desserts. Gourmet champagne 13cl, assortment of 5 desserts. Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 11€ Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Gourmet coffee, Café Liègeois", Liège chocolate "Chocolat Liégeois" or Liège vanilla "Dame Blanche"		•	
and homemade garlic sauce "aioli" Pan-fried shellfish in persillade (chopped parsley and garlic) mussels, seashells knives, clams, cuttlefish, peeled shrimp tails. Yellowfin tuna steak grilled "round trip" sauce of your choice. Razor clams in persillade (chopped parsley and garlic), grilled on a plancha and homemade aioli sauce. Bouquet of 12 cold pink prawns. Plate of 12 whelks sauce "aioli" Mussels casserole sauce of your choice and chip's. 14€ Our Platters "Plateau du Mareyeur" 9 oysters, 6 prawns, 6 whelks, 3 langoustines, and its accompaniments. "Plateau de l'Ecailler" 9 oysters, 9 prawns, 9 whelks, 4 langoustines, and its accompaniments. "Plateau Grand Large" 12 oysters, 12 prawns, 12 whelks, 6 langoustines, and its accompaniments. "Spécial O'Soleil" 24 oysters, 24 prawns, 24 whelks, 12 langoustines, and its accompaniments. Served with rye bread and butter Our Delicacies Gourmet coffee, decaffeinated or tea assortment of 5 desserts. Gourmet digestive liqueurs 4cl, assortment of 5 desserts. Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 16€ 16ge coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois" 9€ or Liège vanilla "Dame Blanche"		•	
clams, cuttlefish, peeled shrimp tails. Yellowfin tuna steak grilled "round trip" sauce of your choice. Razor clams in persillade (chopped parsley and garlic), grilled on a plancha and homemade aioli sauce. Bouquet of 12 cold pink prawns. Plate of 12 whelks sauce "aioli" 12€ Mussels casserole sauce of your choice and chip's. 14€ Our Platters "Plateau du Mareyeur" 6 oysters, 6 prawns, 6 whelks, 3 langoustines, and its accompaniments. "Plateau de l'Ecailler" 9 oysters, 9 prawns, 9 whelks, 4 langoustines, and its accompaniments. "Plateau Grand Large" 12 oysters, 12 prawns, 12 whelks, 6 langoustines, and its accompaniments. "Spécial O'Soleil" 24 oysters, 24 prawns, 24 whelks, 12 langoustines, and its accompaniments. Served with rye bread and butter Our Delicacies Gourmet coffee, decaffeinated or tea assortment of 5 desserts. Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 56 Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Banana split. Liège coffee "Café Liègeois", Liège chocolate "Chocolat Liégeois" 9€ or Liège vanilla "Dame Blanche"		shells	34€
Razor clams in persillade (chopped parsley and garlic), grilled on a plancha and homemade aïoli sauce. Bouquet of 12 cold pink prawns. Plate of 12 whelks sauce "aioli" 12€ Mussels casserole sauce of your choice and chip's. 14€ Cur Platters "Plateau du Mareyeur" 6 oysters, 6 prawns, 6 whelks, 3 langoustines, and its accompaniments. "Plateau de l'Ecailler" 9 oysters, 9 prawns, 9 whelks, 4 langoustines, and its accompaniments. "Plateau Grand Large" 12 oysters, 12 prawns, 12 whelks, 6 langoustines, and its accompaniments. "Spécial O'Soleil" 24 oysters, 24 prawns, 24 whelks, 12 langoustines, and its accompaniments. Served with rye bread and butter Our Delicacies Gourmet coffee, decaffeinated or tea assortment of 5 desserts. Gourmet champagne 13cl, assortment of 5 desserts. Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 11€ Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Banana split. Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois" 9€ or Liège vanilla "Dame Blanche"		nussels, seashells knives,	25€
and homemade aioli sauce. Bouquet of 12 cold pink prawns. 14€ Plate of 12 whelks sauce "aioli" 12€ Mussels casserole sauce of your choice and chip's. 14€ Our Platters "Plateau du Mareyeur" 6 oysters, 6 prawns, 6 whelks, 3 langoustines, and its accompaniments. "Plateau de l'Ecailler" 9 oysters, 9 prawns, 9 whelks, 4 langoustines, and its accompaniments. "Plateau Grand Large" 12 oysters, 12 prawns, 12 whelks, 6 langoustines, and its accompaniments. "Spécial O'Soleil" 24 oysters, 24 prawns, 24 whelks, 12 langoustines, and its accompaniments. Served with rye bread and butter Our Delicacies Gourmet coffee, decaffeinated or tea assortment of 5 desserts. Gourmet champagne 13cl, assortment of 5 desserts. Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 11€ Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Banana split. Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois" 9€ or Liège vanilla "Dame Blanche"	Yellowfin tuna steak grilled "round trip" sauce of your choice.		23€
Plate of 12 whelks sauce "aioli" Mussels casserole sauce of your choice and chip's. 12€ Mussels casserole sauce of your choice and chip's. 14€ Our Platters "Plateau du Mareyeur" 6 oysters, 6 prawns, 6 whelks, 3 langoustines, and its accompaniments. "Plateau de l'Ecailler" 9 oysters, 9 prawns, 9 whelks, 4 langoustines, and its accompaniments. "Plateau Grand Large" 12 oysters, 12 prawns, 12 whelks, 6 langoustines, and its accompaniments. "Spécial O'Soleil" 24 oysters, 24 prawns, 24 whelks, 12 langoustines, and its accompaniments. Served with rye bread and butter Our Delicacies Gourmet coffee, decaffeinated or tea assortment of 5 desserts. 56 Gourmet champagne 13cl, assortment of 5 desserts. 11€ Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Banana split. 10€ Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois" 9€ or Liège vanilla "Dame Blanche"		n a plancha	17€
Mussels casserole sauce of your choice and chip's. Our Platters "Plateau du Mareyeur" 6 oysters, 6 prawns, 6 whelks, 3 langoustines, and its accompaniments. "Plateau de l'Ecailler" 9 oysters, 9 prawns, 9 whelks, 4 langoustines, and its accompaniments. "Plateau Grand Large" 12 oysters, 12 prawns, 12 whelks, 6 langoustines, and its accompaniments. "Spécial O'Soleil" 24 oysters, 24 prawns, 24 whelks, 12 langoustines, and its accompaniments. Served with rye bread and butter Our Delicacies Gourmet coffee, decaffeinated or tea assortment of 5 desserts. Gourmet champagne 13cl, assortment of 5 desserts. 11€ Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Banana split. 10€ Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois" 9€ or Liège vanilla "Dame Blanche"	Bouquet of 12 cold pink prawns.		14€
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"Spécial O'Soleil" 24 oysters, 24 prawns, 24 whelks, 12 langoustines, and its accompaniments. Served with rye bread and butter Our Delicacies Gourmet coffee, decaffeinated or tea assortment of 5 desserts. Gourmet champagne 13cl, assortment of 5 desserts. Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 5€ Banana split. Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois" 9€ or Liège vanilla "Dame Blanche"	"Plateau de l'Ecailler" 9 oysters, 9 prawns, 9 whelks, 4 langoustines, and its accompanimen "Plateau Grand Large"	ts.	
Served with rye bread and butter Our Delicacies Gourmet coffee, decaffeinated or tea assortment of 5 desserts. Gourmet champagne 13cl, assortment of 5 desserts. Gourmet digestive liqueurs 4cl, assortment of 5 desserts. 15€ Banana split. Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois" or Liège vanilla "Dame Blanche"	12 oysters, 12 prawns, 12 whelks, 6 langoustines, and its accompanir "Spécial O'Soleil"		84€
Gourmet coffee, decaffeinated or tea assortment of 5 desserts. Gourmet champagne 13cl, assortment of 5 desserts. Gourmet digestive liqueurs 4cl, assortment of 5 desserts. Banana split. Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois" or Liège vanilla "Dame Blanche"			
Gourmet champagne 13cl, assortment of 5 desserts.15€Gourmet digestive liqueurs 4cl, assortment of 5 desserts.15€Banana split.10€Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois"9€or Liège vanilla "Dame Blanche"	Our Delicacie	<u>es</u>	
Gourmet digestive liqueurs 4cl, assortment of 5 desserts. Banana split. Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois" or Liège vanilla "Dame Blanche" 15€ 9€	Gourmet coffee, decaffeinated or tea assortment of 5 desser	ts.	11€
Banana split. Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois" or Liège vanilla "Dame Blanche" 10€ 9€	Gourmet champagne 13cl, assortment of 5 desserts.		15€
Liège coffee "Café Liégeois", Liège chocolate "Chocolat Liégeois" or Liège vanilla "Dame Blanche"			15€
or Liège vanilla "Dame Blanche"	Banana split.		10€
Assortment of 4 cheeses. 9€	= = = = = = = = = = = = = = = = = = = =	eois"	9€
	Assortment of 4 cheeses.		9€

Service included

All sauce supplements

and garnishes = 1€50